

FOOD

FOR

THOUGHT

Use your investigation skills to find the answers to the questions below

1 Where is the best place to store apples?



2 Fresh vegetables are always healthier than frozen or tinned. True or false?

TRUE FALSE



3 What three key resources are also wasted when we throw away food?

1

2

3

4 How many tea bags would you need to recycle to create enough electricity to put the kettle on for a new cup of tea?



5 What does the 'use-by' date label mean?

6 Which one of these adds the most protein to a cooked breakfast?

- A poached egg
- Grilled or fried mushrooms
- Half a can of baked beans
- A pork sausage

USE BY

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